

JENNIFER ROLLIN, MSW, LCSW-C

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PROFESSIONAL PROFILE

Dedicated and caring individual with an expertise in treating individuals with eating disorders and body image issues. Highly skilled in providing individual and group therapy to adolescents and adults. Extensive experience in a variety of settings including: an outpatient mental health clinic, therapeutic group homes, an adoption agency, and a sexual assault crisis hotline.

SPECIALITIES

- Eating Disorder Therapy
 - Trauma-Informed Care
 - Mental Health Counseling
 - Adolescent/Adult Populations
 - Cognitive Behavioral Therapy
 - Dialectical Behavioral Therapy
 - Body Image Issues
 - Crisis Support/Intervention
 - ACT
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PROFESSIONAL EXPERIENCE

PRIVATE PRACTICE, ROCKVILLE, MD

February 2017 -Present

Psychotherapist, *Eating Disorder Specialist*

- Conduct therapy sessions for adolescents and adults struggling with eating disorders, body image issues, anxiety, and survivors of trauma.
- Collaborate with outside providers, including dietitians, psychiatrists, and physicians.

ADVENTIST BEHAVIORAL HEALTH, NORTH POTOMAC, MD

September 2014-Present

Program Therapist, *North Potomac Cottage Therapeutic Group Home*

- Conduct weekly individual therapy sessions and bi-weekly family therapy sessions for female adolescents with eating disorders, posttraumatic stress disorder, major depressive disorder, bipolar disorder, and other mental illnesses.
- Lead weekly group therapy sessions on topics, such as trauma, body-image, self-compassion, etc.
- Interview youth and make decisions regarding acceptance for placement at the group home.
- Serve as a task supervisor to MSW interns.
- Administer psychosocial assessments; create individualized treatment plans and discharge summaries.
- Nominated for The Compassionate Care Award in April of 2016 for demonstrating excellence and compassion in working with clients.

RAPE, ABUSE, & INCEST NATIONAL NETWORK, NORTHWEST, D.C.

December 2013-December 2014

Hotline Staffer, *The National Sexual Assault Online Hotline*

- Provided crisis support and intervention to survivors of sexual violence, their friends, and family members.
- Provided resource referrals; utilize best practices for crisis intervention and trauma treatment.
- Selected to be Hotline Staff of the Month due to highly positive supervisor and visitor feedback.
- Received two certificates in honor of outstanding performance on the hotline.

CORNERSTONE MONTGOMERY, BETHESDA, MD

September 2013-April 2014

Master of Social Work Intern, *Outpatient Mental Health Clinic*

- Conducted weekly individual therapy sessions for adults with eating disorders, major depressive disorder, substance use disorder, borderline personality disorder, and other mental illnesses.
- Co-led group therapy sessions including a dialectical behavioral therapy group for adults with borderline personality disorder and a group for older adults with mental illnesses.
- Administered psychosocial assessments; update treatment plans and diagnosis reviews.
- Participated in case plan development and implementation; collaborate with interdisciplinary team.

THE NATIONAL CENTER FOR CHILDREN & FAMILIES, BETHESDA, MD

September 2012-August 2013

Master of Social Work Intern, *Greentree Adolescent Program*

- Conducted weekly individual therapy sessions and bi-monthly family therapy sessions for male adolescents with trauma histories, substance use disorders, and mental illnesses.
- Co-led weekly sexuality group therapy sessions for male adolescents; made reports to CPS as needed.
- Wrote individualized treatment plans, discharge summaries, progress notes, and other clinical documentation.

PROFESSIONAL WRITING

THE HUFFINGTON POST, ONLINE

September 2015-Present

Huffington Post Blogger

- Write articles on mental health, body image, wellness, self-development, and related topics for HuffPost Healthy Living and HuffPost Women.

PSYCHOLOGY TODAY, ONLINE

October 2015-Present

Expert Blogger

- Author articles on mental health, body image, and wellness, under my blog entitled "Mindful Musings."

EATING DISORDER HOPE, ONLINE

October 2015-April 2016

Contributing Writer

- Wrote bi-weekly articles on eating disorders, body image, and related topics for Eating Disorder Hope.

FREELANCE WRITER, ONLINE/PRINT

August 2015-Present

Writer

- Write freelance articles for a variety of publications on the topics of mental health and wellness including, *Social Work Today Magazine*, Anxiety.org, Headspace.com, NEDIC.ca (National Eating Disorder Information Centre), BEDAonline.com (The Binge Eating Disorder Association), NationalEatingDisorders.org (The National Eating Disorder Association), Membershare.com (IAEDP), TheProjectHeal.org, MindBodyGreen.com, and PsychCentral.com.

EDUCATION & PROFESSIONAL DEVELOPMENT

MASTER OF SOCIAL WORK, CLINICAL MENTAL HEALTH, UNIVERSITY OF MARYLAND BALTIMORE, MD, MAY 2014

- GPA: 4.18; The Honor Society of Phi Kappa Phi

BACHELOR OF ARTS, PUBLIC COMMUNICATION/PSYCHOLOGY MINOR, AMERICAN UNIVERSITY, WASHINGTON, D.C, MAY 2012

- Cumulative GPA: 3.66; Major GPA: 3.92; Cum Laude

CERTIFICATIONS/CERTIFICATES

- Licensed Certified Social Worker-Clinical, The Maryland Board of Social Work Examiners, January 12, 2017, License Number: 20171
- Certified Intuitive Eating Counselor, Intuitive Eating Pros, January 2016
- Child and Adolescent Needs and Strengths, The Praed Foundation, November 18, 2014
- Advanced Training in Traumatic Stress Certificate, International Society for Traumatic Stress Studies, November 11, 2014

PROFESSIONAL MEMBERSHIPS

- Junior Board Member, National Eating Disorder Association, January 2016-Present
- Communications and Outreach Committee Member, Academy for Eating Disorders, April-October 2016
- Association for Size Diversity and Health, November 2015-Present
- International Association for Eating Disorder Professionals, September 2015-Present
- Greater Washington Society for Clinical Social Work, July 2014- Present

POST GRADUATE COURSE

- Cognitive Behavioral Therapy for Anxious Adults (Ruth Golomb, LCPC; Jewish Social Services Agency).

ADDITIONAL TRAINING: Enhanced CBT for Eating Disorders, DBT Skills Group: An Experiential Workshop, Advances in the Treatment of Body Image Disturbance, From Weight Fears to Body Respect, Somatic Psychotherapy, Acceptance and Commitment Therapy: 2-Day Intensive, Acceptance and Commitment Therapy: The 6 Core Processes, Girls Circle Facilitator Training: Promoting Resiliency in Adolescent Girls, The False Self: The Complexity of Body Image & Identity Issues in the Treatment of Eating Disorders, Trauma-Focused CBT, Eating Disorders: A Clinicians Guide.